

## IPL TREATMENTS

What is IPL Treatment?

Intense Pulsed Light (IPL) treatment is a revolutionary non-invasive procedure designed to address various skin concerns, including pigmentation, vascular lesions, and signs of aging.

A consultation is required prior to treatment being commenced to ensure satisfactory results.

Our treatments are customised to suit all skin types.

A course of treatments is recommended to achieve results, treatment intervals vary.

### Vascular Therapy

Can reduced broken capillaries, rosacea and vascular lesions to offer more uniform complexion

Full Face \$150

Half Face \$100

Quarter Face \$80

Spot Treatment \$30 per spot

### Pigmentation Correction

Effectively fades and removes age spots, sun spots and discolouration to greatly improve overall skin tone, texture and radiance.

Full Face \$158

Half Face \$78

Quarter Face \$68

Spot Treatment \$45 per spot

### Skin Rejuvenation Treatments

Can reduce the appearance of fine lines and wrinkles smoothing out irregularities and enhance skin's overall luminosity for a revitalised, youthful glow.

Full Face \$199

Full Face and Décolletage \$299

## IPL HAIR REMOVAL

IPL is a permanent and hassle free hair removal solution.

Lip	\$26
Chin	\$36
Side Face	\$31
Fore Arm	\$75
Full Arm	\$110
Underarm	\$45
Bikini Standard	\$50
Bikini G String	\$60
XXX Brazilian	\$78
Buttock	\$80
Stomach/ Navel	\$30
1/2 Leg (lower)	\$130
1/2 Leg (upper)	\$150
3/4 leg	\$160
Full Leg	\$210
Full Back	\$190
Half Back	\$140
Chest	\$160
Shoulders	\$60

Treatment packages available

## FRACTIONAL RADIO

### FREQUENCY SKIN TIGHTENING

A revolutionary treatment that visibly tightens your skin and reduces the signs of ageing.

Plump and repair the skin with Fractional RF (radio frequency) skin tightening. An amazing combination of radio frequency and the natural healing response that stimulates skin tightening, cell regeneration and collagen production. Targeting fine lines, wrinkles, loose skin, stretch marks and open pores.

Fractional RF offers visible results, we recommend weekly treatments over 10 weeks.

Price per consultation and area of body being treated

# Essentially You Body and Soul

## Treatment Menu

PHONE: (03) 97182024

932 Main Road, Hurstbridge, 3099

Online booking system

available visit

[www.essentiallyyoubodyandsoul.com](http://www.essentiallyyoubodyandsoul.com)

Salon Hours

Monday -Closed

Tuesday and Thursday 10-7:30pm

Wednesday 10-2:30pm

Friday 10-4pm

Saturday 10-3pm

## HAIR REMOVAL

### FEMALE WAXING

Eyebrow Tidy & Shape	\$29
Lip	\$16
Chin or Side face	\$23
Eyebrow, Lip and Chin	\$62
Fore Arm	\$30
Full Arm	\$35
Underarm	\$24
Bikini Standard	\$27
Bikini G String	\$38
XXX Brazilian	\$64
Stomach/ Navel	\$15
1/2 Leg (lower)	\$36
1/2 Leg (upper)	\$41
3/4 leg	\$48
Full Leg	\$52

### MALE WAXING

Shoulders and neck	\$30
Full Back	\$68
Chest	\$70
Back & Chest	\$120

### LASH AND BROW TINTING

Eyebrow Tint	\$29
Eyebrow tint & wax	\$52
Eyelash Tint	\$38
Eyelash tint & Brow tint.	\$60
Together with Eyebrow Shape	\$70

### SPRAY TAN

Spray Tan full body	\$45
Lower or upper body only	\$25

### MASSAGE

Aromatherapy Back Massage  
30min\$75  
A very relaxing massage  
designed to soothe the body  
and mind.

## NAILS- HANDS AND FEET

Polish Manicure \$50  
Nail shaping, cuticle tidy, hand massage,  
buff and polish

Shellac Manicure. \$60  
Nail shaping, cuticle tidy, shellac  
application, hand Massage  
Shellac Removal and Reapplication

French Shellac Nails \$65  
Nail shaping, cuticle tidy, shellac  
application, hand Massage

Shellac polish Removal \$40

Express Pedicure \$60  
Feet are washed, nail shaping, cuticle tidy,  
light callous removal, massage, finish with  
a buff and polish

Deluxe Spa Pedicure \$72  
An absolutely luxurious treatment that  
relieves tired and aching muscles from  
head to toe. Feet are soaked in the  
hydrotherapy foot spa while you enjoy the  
relaxing massage chair. Feet & lower legs  
are exfoliated, shaping of nails; cuticle  
tidy, callous removal, foot Mask, feet and  
lower leg are massaged and finished with  
a buff and polish.

Shellac Toes (*First Time*) \$65  
Nail shaping, cuticle tidy, shellac  
application, scrub and foot Massage

Shellac Toe Removal and Reapplication  
\$70  
Shellac removal, Nail shaping, cuticle tidy,  
shellac application, scrub and foot  
massage.

## ARGIRELINE CONTOURING MASK \$209

Experience the rejuvenating power of our  
Argireline Contouring Mask, designed to  
enhance skin health through gentle  
compression and strategic infusion of  
potent active ingredients. This treatment  
not only stimulates lymphatic drainage but  
also delivers hydrating and smoothing  
actives, including the renowned peptide  
Argireline, directly into the skin.

Unlock a refreshed, smoother, and more  
youthful appearance with our Argireline  
Contouring Mask!

## INTENSIVE REJUVENATION FACIAL \$189

Indulge in our Customised Anti-Aging  
Facial Treatment, meticulously designed  
to deeply cleanse and rejuvenate your  
skin, unveiling a radiant and youthful  
complexion. Treat yourself to this  
luxurious experience and discover a new  
level of skin vitality!

## ESSENTIAL FACIAL I \$145

Optimise your skin's health and radiance  
with our transformative essential Facial.  
This revitalizing treatment is expertly  
designed to deeply cleanse and balance  
your skin, restoring its natural glow and  
vitality. Rejuvenate your skin and indulge  
in the ultimate self-care

## ENERGISING FACIAL \$99

Energise your skin with our energising  
Facial, designed as a refreshing pick-me-  
up for all skin types, particularly beneficial  
for teenagers,  
Ideal for those seeking a quick yet effective  
skincare boost, the Aroma Facial is the  
perfect way to nurture your skin and  
promote a radiant, healthy appearance!

## CUSTOMISED PEELS \$179

Cosmetic peels have long been used to  
reduce photoaging and other visible signs of  
ageing. Through their exfoliating action they  
can improve the skin's appearance by  
reducing dryness, poor texture, acne, scars,  
pigmentation, photodamage, wrinkles, and  
fine lines.

It is important to have your skin assessed  
before peels to determine the best peel for  
you and your skin. You may need to prepare  
your skin at home in advance for better  
results, fewer complications, and faster  
healing. Best results we recommend a course  
of 4 treatments.

## DUOSOMAL PEELING RANGE \$139

These new peels use duosomal technology  
to give immediate results, protect the skin  
from irritation, facilitates rapid regeneration,  
works without discomfort. Provides liposomal  
peeling treatment for all skin types any time  
of the year. Best performed 1 treatment a  
week for 6 weeks.

## MICRODERMABRASION \$125

Experience the transformative power of  
Microdermabrasion, a rejuvenating treatment  
designed to improve pigmentation, reduce  
the appearance of scars, alleviate congestion,  
and minimize fine lines and wrinkles.  
Rediscover youthful, radiant skin with our  
Microdermabrasion treatment and enjoy a  
refreshed, revitalized look!

## POWER PEEL ADD ON \$45

Enhance your facial experience with our  
Power Peel add-on, designed to elevate your  
skincare routine and deliver transformative  
results. This intensive treatment focuses on  
exfoliating the skin to diminish signs of aging,  
improve texture, and target specific concerns  
like pigmentation and acne scars.