

DERMAL THERAPY TREATMENTS

What is IPL skin rejuvenation?

IPL (Intense Pulse Light) skin rejuvenation is a light based aesthetic treatment that actively targets and reduces skin irregularities to promote a clearer, younger and healthier complexion.

A consultation is required prior to treatment being commenced to ensure satisfactory results.

Our treatments are customised to suit all skin types.

A course of treatments is recommended to achieve results, treatment intervals vary.

Vascular Therapy

Can reduced spider veins, broken capillaries, rosacea and vascular lesions to offer more uniform complexion

Full Face \$150

Half Face \$100

Quarter Face \$80

Spot Treatment \$30 per spot

Pigmentation Correction

Effectively fades and removes age spots, sun spots and discolouration to greatly improve overall skin tone, texture and radiance.

Full Face \$158

Half Face \$78

Quarter Face \$68

Spot Treatment \$45 per spot

Skin Rejuvenation Treatments

Can reduce the appearance of fine lines and wrinkles smoothing out irregularities and enhance skin's overall luminosity for a revitalised, youthful glow.

Full Face \$199

Full Face and Décolletage \$299

IPL HAIR REMOVAL

IPL is a permanent and hassle free hair removal solution.

Lip	\$26
Chin	\$36
Side Face	\$31
Fore Arm	\$75
Full Arm	\$110
Underarm	\$45
Bikini Standard	\$50
Bikini G String	\$60
XXX Brazilian	\$78
Buttock	\$80
Stomach/ Navel	\$30
1/2 Leg (lower)	\$130
1/2 Leg (upper)	\$150
3/4 leg	\$160
Full Leg	\$210
Full Back	\$190
Half Back	\$140
Chest	\$160
Shoulders	\$60

Treatment packages available

FRACTIONAL RADIO

FREQUENCY SKIN TIGHTENING

A revolutionary treatment that visibly tightens your skin and reduces the signs of ageing. Plump and repair the skin with Fractional RF (radio frequency) skin tightening. An amazing combination of radio frequency and the natural healing response that stimulates skin tightening, cell regeneration and collagen production. Targeting fine lines, wrinkles, loose skin, stretch marks and open pores.

Fractional RF offers visible results, we recommend weekly treatments over 10 weeks.

Price per consultation and area of body being treated

Essentially YOU Body and Soul

Treatment Menu

PHONE: (03) 97182024

932 Main Road, Hurstbridge, 3099

Online booking system

available visit

www.essentiallyyoubodyandsoul.com

Salon Hours

Monday -Closed

Tuesday and Thursday 10-7:30pm

Wednesday 9:30-5pm

Friday 10-4:30pm

Saturday 10-3pm

HAIR REMOVAL

FEMALE WAXING

Eyebrow Tidy & Shape	\$29
Lip	\$16
Chin or Side face	\$21
Eyebrow, Lip and Chin	\$55
Fore Arm	\$30
Full Arm	\$35
Underarm	\$24
Bikini Standard	\$27
Bikini G String	\$38
XXX Brazilian	\$63
Stomach/ Navel	\$15
1/2 Leg (lower)	\$35
1/2 Leg (upper)	\$41
3/4 leg	\$45
Full Leg	\$52

MALE WAXING

Shoulders and neck	\$30
Full Back	\$68
Chest	\$70
Back & Chest	\$120

LASH AND BROW TINTING

Eyebrow Tint	\$29
Eyebrow tint & wax	\$49
Eyelash Tint	\$34
Eyelash tint & Brow tint.	\$60
Together with Eyebrow Shape	\$70

SPRAY TAN

Spray Tan full body	\$45
Lower or upper body only	\$25

MASSAGE

Aromatherapy Back Massage
30min\$75
A very relaxing massage
designed to soothe the body
and mind.

NAILS- HANDS AND FEET

Polish Manicure \$49
Nail shaping, cuticle tidy, hand massage,
buff and polish

Shellac Manicure. \$60
Nail shaping, cuticle tidy, shellac
application, hand Massage
Shellac Removal and Reapplication

French Shellac Nails \$65
Nail shaping, cuticle tidy, shellac
application, hand Massage

Shellac polish Removal \$40

Express Pedicure \$59
Feet are washed, nail shaping, cuticle tidy,
light callous removal, massage, finish with
a buff and polish

Deluxe Spa Pedicure \$72
An absolutely luxurious treatment that
relieves tired and aching muscles from
head to toe. Feet are soaked in the
hydrotherapy foot spa while you enjoy the
relaxing massage chair. Feet & lower legs
are exfoliated, shaping of nails; cuticle
tidy, callous removal, foot Mask, feet and
lower leg are massaged and finished with
a buff and polish.

Shellac Toes (*First Time*) \$65
Nail shaping, cuticle tidy, shellac
application, scrub and foot Massage

Shellac Toe Removal and Reapplication
\$70
Shellac removal, Nail shaping, cuticle tidy,
shellac application, scrub and foot
massage.

INTENSIVE SIGNATURE FACIAL \$185

Customised anti-aging facial
treatment designed to deep cleanse,
rejuvenate.
Facials Include - Skin analysis and
product prescription, deep cleanse,
exfoliation, steam, serum
application, facial massage,
customised Antiaging mask to suit
skin needs, moisture replacement.
Leaving the skin smooth and velvety
for timeless beauty.

SIGNATURE FACIAL \$135

Optimize your skins health and
radiance; this revitalizing facial is
designed to deep cleanse and
balance. Facials Include - Skin
analysis and product prescription,
deep cleanse, exfoliation, steam,
serum application, facial massage,
mask and moisture replacement.

AROMA FACIAL \$90

A quick pick me up skin analysis,
cleanse, exfoliation, mask and
moisture replacement.
Great for teenagers

MICRODERMABRASION \$102

Microdermabrasion improves
pigmentation, scarring, congestion,
fine lines and wrinkles by gently
lifting the skin's surface and
exfoliating the top layer of the skin.

MONOACID PEELS \$179

Cosmetic peels have long been used to
reduce photoaging and other visible signs of
ageing. Through their exfoliating action they
can improve the skin's appearance by
reducing dryness, poor texture, acne, scars,
pigmentation, photodamage, wrinkles, and
fine lines.

It is important to have your skin assessed
before peels to determine the best peel for
you and your skin. You may need to prepare
your skin at home in advance for better
results, fewer complications, and faster
healing. Best results we recommend a course
of 4 treatments.

DUOSOMAL PEELING RANGE \$139

These new peels use duosomal technology
to give immediate results, protect the skin
form irritation, facilitates rapid regeneration,
works without discomfort. Provides liposomal
peeling treatment for all skin types any time
of the year. Best performed 1 treatment a
week for 6 weeks.

CONTOURING MASK \$179

The Argireline Contouring Mask creates a
gentle compression to stimulate the benefits
of lymphatic drainage while also infusing
skin smoothing & hydrating actives like
everyone's favourite peptide Argireline into
the skin.

The circulatory and lymphatic systems play
a vital role in skin health. When our blood
circulates around our body it provides
nutrients, water and oxygen to our cells and
tissues. However during the capillary fluid
exchange (where water, amino acids, and
oxygen cross the capillary wall into the
extracellular fluid), fluids don't travel very far
into the surrounding tissue, and even less
when there are roadblocks. Which is why
needs to be a 'clear road', free from debris,
so that these nutrients can get to their target.
A go-to treatment for ageing, acne/
problematic skins.