

Spray Tan Before and After Care advice

Preferably 24 hours prior to your appointment, shower, shave and exfoliate with a mitt or glove. Moisturize heavily this day, more so than you typically do, paying particular attention to the shins, elbows, ankles, wrists. Please do not use any Dove products before or with a spray tan.

The morning of your appointment, you should take a very quick shower and do a very quick exfoliation with the glove or mitt **WITH WATER ONLY** to make sure you removed all residue of products used the day before. This should be done at least 3 hours prior to your appointment.

Arrive at the appointment with long loose dark clothing and slip on shoes. No makeup, jewellery, deodorant or perfume on. The solution requires a minimum of 2 hours on the skin to a maximum of 8 hours (or overnight for convenience sake). Do not sweat or get wet during this time.

When it is time to rinse, take a quick warm water rinse with just water and use your hands only until the water runs clear. Always pat the skin dry. Do not work out and sweat during this time as it is still in development. Do not use any products on the skin for the first 24 hours after the appointment.

After the first 24 hours, you may use spray tan friendly products to cleanse and moisturize with. Never use a wash cloth or loofah on the skin. Once again pat the skin dry. It is best to moisturize within the first 3 minutes after patting yourself dry.

Before your next appointment, refer back to step 1 again.